

# LAS VEGAS PEDIATRIC UROLOGY

## PREOPERATIVE INSTRUCTIONS FOR PEDIATRIC PATIENTS (Please read over carefully)

Your child has been scheduled for the following:

Procedure: \_\_\_\_\_  
Location: \_\_\_\_\_ Phone: \_\_\_\_\_  
Date: \_\_\_\_\_ Time: \_\_\_\_\_

**Please note that the time of arrival is subject to change.** Time of arrival at the hospital/surgery facility is generally 1-2 hours before the actual surgery time to allow for registration, nursing intake, anesthesia, and surgeon evaluation.

If the child is a legal minor, the parent or legal guardian must be present at the time of surgery. If neither can be present, your child must be accompanied by an adult, legally authorized to sign for the patient. If this is the case, please bring the appropriate legal documentation.

**Please pre-register at the designated facility at least 48 hours prior to the procedure date.** Please bring your child's insurance card & responsible parties' Driver License or other legal ID.

Some of your child's other medical conditions may require preoperative testing or further evaluation to assure that surgery and general anesthesia go smoothly. If the doctor indicates that your child requires preoperative testing or other evaluation prior to the surgery/procedure, contact your child's primary care physician (PCP) and/or the specialist in charge of the condition to evaluate your child prior to surgery. **IT IS YOUR RESPONSIBILITY TO NOTIFY YOUR CHILD'S PCP OR SPECIALIST AND GET THE MEDICAL CLEARANCE IN WRITING.**

- 1) PRE-OP LABS: This is to be done at a lab contracted with your insurance or your child's primary care physician's office. It is good for 30 days.
- 2) If your child has other significant medical conditions, the anesthesiologist may cancel the procedure unless these have been reviewed and cleared by your child's primary physician and/or responsible specialist.

PLEASE SEE READ THE DIET INSTRUCTIONS ON SEPARATE PAGE CAREFULLY.

PLEASE CALL US IF YOU DO NOT UNDERSTAND ANY OF THESE INSTRUCTIONS OR HAVE ANY QUESTIONS

THANK YOU.

Las Vegas Pediatric Urology  
653 N. Town Center Dr., Suite 407. Las Vegas, NV 89144  
Phone: 702-728-5686 Fax: 702-628-9030

Make appointment online: <http://www.patientfusion.com/doctor/andrew-hwang-md-73654>

## DIET INSTRUCTIONS

Age	Neonates (Birth to 28 days)	Infants (1 to 12 mo's)	Toddlers (13 mo to 3 yrs)	Older Children & Adults
<b>Clear liquids</b> (water, apple juice, Pedialyte)	2 hours	2 hours	2 hours	2 hours
<b>Human Breast Milk</b>	2 hours	4 hours	4 hours	NA
<b>Regular Diet</b> (Cow milk, Formula, solids)	6 hours	6 hours	6 hours	8 hours

**8 hours before surgery:** May have a regular diet at regular quantities.

**6 hours before surgery:** Stop cow milk, formula, and all solid food. May have unlimited clear liquids.

Clear liquids are: apple juice, Pedialyte, or water.

**4 hours before surgery:** Last time to breastfeed regularly. May continue giving your child some *clear liquids only*. No formula or any solid food.

**2 hours before surgery:** Stop clear liquids.

For example: for a 6 month old infant, if surgery is scheduled at 7 am, the last time he/she can have formula and solid food is at 1 am, breast milk at 3 am, and apple juice at 5 am.

It is a good idea to give young babies some clear liquids or breast milk (but NO solid food or formula) about 4 hours prior to surgery so that they do not go a long time without food or liquids. They will be less likely to be dehydrated and will be less irritable.

The above guideline was developed with pediatric anesthesiologists to help reduce the risks associated with general anesthesia. *The patient's surgery may be delayed or cancelled if the diet instructions are not followed.*

### FOR CHILDREN WHO TAKE MEDICATIONS OR HAVE SPECIAL NEEDS

- Follow the instructions your child's surgeon has told you regarding most medications.
- Check with your child's PCP to confirm when to stop the medications if there is any question.
- If your child has special medical conditions (hemophilia, lung disease, heart disease, gastroesophageal reflux, etc.), please discuss these with your surgeon; also inform the doctors who see your child for those conditions to see if any precautions is necessary.
- Please tell the surgeon of any significant allergies (Latex, medications, X-ray contrast)
- Inform the surgeon and the anesthesiologist if anyone in the immediate family has had any problems with anesthesia.
- Unless otherwise instructed, please be sure your child stops taking aspirin, NSAIDS (Advil, Motrin, Naprosyn or related medications) 7 days prior to the procedure.
- **If your child has an upper respiratory tract infection (cold, flu, RSV, pneumonia, ear infection, etc.) within two weeks of the surgery date, please inform us as soon as possible as the surgery may need to be rescheduled.**

Thank you for your attention.

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