

HOME CARE INSTRUCTIONS

INGUINAL & SCROTAL SURGERY ORCHIDOPEXY, HYDROCELECTOMY, HERNIA REPAIR, ORCHIECTOMY

- **What to expect:** Your child may have a small amount of bleeding around the surgical site. It is normal to see a few drops of blood in their diaper or underwear. If there is continuous bleeding, apply pressure to the area (squeeze gently). Usually, five minutes of pressure will be enough to stop the bleeding. If bleeding persists, call the doctor's office. The incisions will appear bruised and swollen for a couple of weeks. Inguinal incisions may feel hard for several months.
- **Pain control:** Use pain medication as directed by your doctor on the prescription. Give the first dose upon arrival at home. Best to give the pain meds before the child is too cranky. Avoid ibuprofen or aspirin for at least 4 days after surgery as these medications (NSAIDs) may promote bleeding.
- **Wound care:** Let the Steri-Strips fall off on their own. After that, apply moisturizing lotion on the incision for 4 weeks.
- **Bathing:** You may bathe your child normally in the tub or shower. Be gentle when drying the area—dab dry, do not wipe. Use non-irritating baby shampoo.
- **Feeding:** Same as before procedure. Avoid constipation.
- **Activity:** Avoid straddling, rough play, or heavy lifting 2-4 weeks. Use safety seat when traveling in car.
- **Medications:** Follow the doctor's instructions on the prescription.

Call our office IMMEDIATELY if:

(The following apply to recent circumcisions)

- The incision appears infected (redness spreading beyond the penis, green pus discharge, fever)
- Your child develops a fever of 101.5°F by mouth or 102.5°F by rectum or higher.
- Urinating only in drops.
- There is persistent bleeding at incision site.
- Your child seems to be ill or has increased pain.
- There is rapid and painful scrotal swelling.

Call your son's Doctor during regular office hours if:

- You think that the surgery site has an abnormal aspect
- You have other questions or concerns.

Revised: March 20, 2014