

# CIRCUMCISION

## INSTRUCTIONS PRIOR TO PROCEDURE

Patient name: \_\_\_\_\_

Scheduled Date: \_\_\_\_\_ Arrival Time: \_\_\_\_\_

### Instructions:

1. Parents are welcome to be in the room. Photos are allowed but video recording is not allowed.
2. Feed your baby well, either breast milk or formula.
3. Bring an extra set of clothes and diapers, pacifier, and a bottle of breastmilk or formula for him to sip on during and after the circumcision.
4. Give a dose of Tylenol about 60 minutes prior to arrival for the circumcision. Consult dosage instructions according to the table below.
5. Dr. Hwang will usually prescribe EMLA (lidocaine - prilocaine cream). Cover the entire penis with the cream (including the tip and the base all around) then cover with a piece of Saran wrap / plastic dressing 1 hour prior to procedure.
6. If the EMLA is not covered by insurance or too expensive, may substitute with Neosporin + Pain Relief.
7. **Bring BOTH Tylenol & EMLA / Neosporin to the procedure** as Dr. Hwang will use the cream during procedure and have the baby get another dose of Tylenol right after circumcision

If you have any questions regarding these instructions, please text or call our office at (702) 728-5686. **We prefer texting**, which also allows you to attach photo as needed.

Tylenol (Acetaminophen) Dosing (160 mg/ 5mL)			Instructions on using EMLA (lidocaine - prilocaine) cream or Neosporin Plus Pain Relief
Weight (lbs)	Weight (kg)	Dose (mL)	<u>Before circumcision:</u> Apply enough cream (about 3 gm) to entire penis (including the base) then cover with plastic film (Saran wrap) <u>1 hour</u> prior to procedure.
6 - 11	2.5 - 4.9	1.25	
12 - 17	5.0 - 7.4	2.5	<u>After circumcision:</u> apply small amount (about 1 gm) on tip of penis <u>every other</u> diaper change for about 24 hour.
18 - 23	7.5 - 10.4	3.75	
24 - 35	10.5 - 16	5.0	<b>Bring both Tylenol &amp; EMLA to the procedure</b>

## CARE INSTRUCTIONS AFTER CIRCUMCISION

- **What to expect:** foreskin and tip of penis may stay swollen for 2-3 weeks. Some healing fluid may form a yellow or light green scab on the tip of the penis. The tip of the penis may appear dark red, blue, or purple. These colors are all normal.
- Check out the photos of normal healing after circumcision on our website:  
<http://www.lasvegaspediatricurology.com/urology-services/peri-operative-care-instructions/597-2/>
- **Pain control:** Use Tylenol (acetaminophen) every 4-6 hours around the clock for 2 days. Check the dosage on the table. If the child is given a prescription pain medication by the doctor, follow the directions on the prescription. If you have EMLA, apply a small amount on tip of penis every OTHER diaper change for 24 hours after circumcision.
- **Wound care:**
  - **Plastibel circumcision:** The ring will fall off by itself in 2-17 days. About a day before the ring falls off, it's normal to have some redness around it. Just before it falls off, it may be hanging by a thin piece of skin. Try to not pull on or cut it.
  - Apply petroleum jelly on tip of penis and diaper every diaper change.
  - If you have the prescription numbing cream, you can apply it on tip of penis every other diaper change for a day after the circumcision then stop.
- **Foreskin retraction:** 5 days after the plastic ring comes off, with every diaper change or about 3 times a day, retract the penile shaft skin to clearly separate the “mushroom” edge of the penis from the skin. This helps prevent skin edge from sticking back to the head of penis, which could cause formation of skin bridges that may require additional procedures.
- **Bathing:** You may bathe him normally with baby shampoo (“No Tears”) and warm water right after procedure, even on the first day of circumcision. Be gentle when drying the area—dab dry, do not wipe. Rinse off the area well if stool gets on it.
- **Feeding:** Same as before procedure.
- **Activity:** Avoid heavy straddling for 2 weeks. Use safety seat when traveling in car. May insert a folded diaper between him and the harness strap for added cushioning.
- **Bleeding:** Your child may have a small amount of bleeding around the surgical site. It is normal to see a few drops of blood in their diaper or underwear for a few days. Check your child's penis when you arrive home. If it is bleeding significantly, apply pressure to the area (squeeze gently). Usually, five minutes of pressure will be enough to stop the bleeding. If bleeding persists, call the doctor's office.

**You can text (702) 728-5686 with questions or concerns. You can attach a photo with the text.**

### Conditions that may need attention:

- The incision appears infected (redness spreading beyond the penis, green pus discharge, fever)
- Your child develops a fever of 101.5°F by mouth or 102.5°F by rectum or higher.
- Urinating only in drops for most of the day.
- There is persistent bleeding at incision site.
- Your child seems to be ill or has increasing pain.
- There is rapid and painful penile swelling.
- You think that the circumcision has an abnormal aspect.
- You have other questions or concerns.