

**CIRCUMCISION
INSTRUCTIONS PRIOR TO PROCEDURE**

Patient name: _____

Scheduled Date: _____ Arrival Time: _____

Instructions:

1. Parents are welcome to be in the room. Photos are allowed but video recording is not allowed. At Affinity Surgery Center, one parent is allowed inside the procedure room.
2. Feed your baby well, either breast milk or formula.
3. Bring an extra set of clothes and diapers, a pacifier, and a bottle of breastmilk or formula for him to sip on during and after the circumcision.
4. Give a dose of Tylenol about 1 hour prior to arrival for the circumcision. Consult dosage instructions according to the table below.
5. Dr. Hwang will usually prescribe EMLA (lidocaine - prilocaine cream). Cover the entire penis with the cream (including the tip and the base all around) then cover with a piece of Saran wrap / plastic dressing or gauze 1 hour prior to procedure.
6. If the EMLA is not covered by insurance or is too expensive, you may substitute it with Lidocaine 4% cream (about \$5 at Walmart), which is available over the counter at most pharmacies.
7. **Bring BOTH Tylenol & EMLA (or Lidocaine 4% cream if you don't have EMLA) to the procedure** as Dr. Hwang will use the numbing cream during the procedure and have the baby get another dose of Tylenol soon after circumcision.

If you have any questions regarding these instructions, please send a **text message to (702) 803-3725**, or **call our office at (702) 728-5686**. We prefer text messages, as they allow clearer communications.

Use this link to upload photos for Dr Hwang to review or if you have any concerns or questions:
<https://forms.myupdox.com/form/100463>

Tylenol (Acetaminophen) Dosing (160 mg/ 5mL)			Instructions on using EMLA (lidocaine - prilocaine) cream or Neosporin Plus Pain Relief
Weight (lbs)	Weight (kg)	Dose (mL)	<u>Before circumcision:</u> Apply numbing cream to the entire penis (including the base) then cover with plastic film (Saran wrap) or gauze 30-60 minutes prior to the procedure.
6 - 11	2.5 - 4.9	1.25	
12 - 17	5.0 - 7.4	2.5	<u>After circumcision:</u> apply a small amount (about 1 gm) on the tip of penis <u>every other</u> diaper change or alternate with Tylenol every 4-6 hours for about 2-3 days.
18 - 23	7.5 - 10.4	3.75	
24 - 35	10.5 - 16	5.0	Bring both the EMLA & Tylenol to the procedure

CARE INSTRUCTIONS AFTER CIRCUMCISION

- **What to expect:** The tip of penis may appear white/yellow 1-2 days after circumcision. This is normal and results from the body making a layer of healing tissue over the area; it usually resolves in about a week. The penis will become more swollen and red in about 5-10 days. This is normal. Bathe him more often (2-3x/day) when the penis is more swollen. The tip of the penis may appear dark red, blue, or purple. These colors are all normal.
- **Pain control:** Use Tylenol (acetaminophen) every 4-6 hours around the clock for 2-3 days. Check the dosage on the table. If the child is given a prescription pain medication by the doctor, follow the directions on the prescription. Apply a small amount of either EMLA or Lidocaine 4% cream on the tip of penis every OTHER diaper change, or alternate with Tylenol every 4-6 hours for 2-3 days after circumcision. Use Tylenol and the numbing cream just as needed after 3 days.
- **Wound care:**
 - **Plastibell circumcision:** The ring will usually fall off by itself in 5-12 days. About 1-2 days before the ring falls off, it's normal for the penis to be more red & swollen. Bathe him 2-3x/day at this time until the ring falls off. Just before it falls off, it may be hanging by a thin piece of skin. Try to not pull on or cut it.
 - Apply petroleum jelly (Aquaphor, Vaseline, or A&D ointment) on the tip of penis every diaper change for 2-3 weeks..
 - Rarely, the plastic ring may get pulled down too low when he has erections and may get stuck, in which case it may not fall off on its own. This is not dangerous and is easily treated. If the plastic ring has not fallen off on its own **10 days** after the procedure, send Dr. Hwang a photo. If he confirms the ring will not come off on its own, he will instruct you to apply numbing cream to the tip of penis & give him a dose of Tylenol and come to the office to have it removed to prevent abnormal healing.
- **Foreskin retraction:** In the follow up visit 2-3 weeks after the circumcision, Dr Hwang will instruct you to retract the penile shaft skin to clearly separate the “mushroom” edge of the penis from the skin. This helps prevent skin edges from sticking back to the head of penis, which could cause formation of skin bridges that may require additional procedures. Also apply the ointment over the urethral opening to prevent abnormal scar formation. Continue the skin retraction and applying ointment twice a day until he is toilet trained.
- **Bathing:** Bathe him normally with baby shampoo (“No Tears”) and warm water right after the procedure, even on the first day of circumcision. Be gentle when drying the area—dab dry, do not wipe. Rinse off the area well if stool gets on it. May use baby wipe on the lower part of penis. Avoid wiping the tip of penis for 2-3 weeks.
- **Feeding:** Same as before procedure.
- **Activity:** Avoid heavy straddling for 2 weeks. Use a safety car seat when traveling in a car. May insert a folded diaper between him and the harness strap for added cushioning.
- **Bleeding:** Your child may have a small amount of bleeding around the surgical site. It is normal to see a few drops of blood in their diaper or underwear for a few days. Check your child’s penis when you arrive home. If it is bleeding significantly, apply pressure to the area (squeeze gently). Usually, five minutes of pressure will be enough to stop the bleeding. If bleeding persists, call the doctor’s office.

Conditions that may need attention:

- The incision appears infected (redness spreading beyond the penis, green discharge, fever)
- The Plastibell appears to have fallen down too low and stays on 10 days after procedure
Text Dr. Hwang with a photo first: <https://forms.myupdox.com/form/100463>
- Your child develops a fever of 101.5°F by mouth or 102.5°F by rectum or higher.
- Urinating only in drops for most of the day.
- There is persistent bleeding at the incision site.
- Your child seems to be ill or has increasing pain.
- There is rapid and painful penile swelling.
- You have other questions or concerns.